Increasing Bioavailability of an Antioxidant Through Nanotechnological Approach

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Abstract

- Antioxidants are compounds that combat free radicals and reduce oxidative stress
- Low bioavailability of those anti-oxidant molecules results in suboptimal concentrations at their intended cellular targets
- Low bioavailability diminishes their potential to mitigate

Set up

Bioavailability enhancement through Nanoencapsulation: Loading of CoQ10 into mesoporous silica nanoparticles By adsorption method:

- Immersing MSNs in a concentrated CoQ10 solution
- Allowing CoQ10 molecules to diffuse into the pores
- Removing excessCoQ10 by washing or centrifugation

oxidative stress

 Conducted solubility studies of a lipid soluble antioxidant using different solvents (DMSO, DMF, acetone, alcohol, ethyl acetate etc.) Bioavailability enhancement mechanisms:
Increased dissolution rate
Protection from degradation
Improved cellular uptake

Introduction

Results

- Coenzyme Q10 (ubiquinone), a highly lipophilic compound found in every cell of human body
- Quinone head is responsible for its antioxidant property while the isoprene side chain contributes to its lipid soluble nature
- Mediates electron transport from Complexes I and II to Complex III
- An antioxidant that protects membrane phospholipids and proteins from lipid peroxidation





Design/Other information

Tested the solubility of CoQ10in different organic solvents:

- 1) Ethanol
- 2) DMSO
- 3) DMF
- 4) Ethyl acetate
- 5) Acetone



(c) Fluorescence Spectroscopy



Conclusions

- CoQ10 is soluble in ethanol, DMSO, ethyl acetate and acetone.
- Maximum fluorescence intensity of CoQ10 at excitation 550nm and emission 584nm
- Absorbance at 284nm

References

CoQ10 is soluble in ethanol, DMSO, ethyl acetate and acetone, while it is insoluble in DMF.

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